



yogabreakforchildren.com

HALLOWEEN YOGA GAME

Pumpkin Scavenger Hunt

Using the templates provided, print the pumpkin cards. Cut the page in half or cut out the pumpkins, if you'd like. On the back side of each pumpkin card write the name of the yoga pose, draw a stick figure or glue a picture of a Halloween character.

Hide the pumpkins around the room and have the kids go on a pumpkin scavenger hunt. Once everyone finds one, they bring them back to their mat.

From here you can play a variety of games.

1. Children can do the pose they found.
2. Children can teach the pose they found taking turns in the circle.
3. Older children can get together (or get in groups if you have a big class) and create a yoga pose sequence with the cards they found.

Add sounds and actions to make it fun. Play some spooky Halloween music and have some dress up props to create a Halloween Party feel during your class.

Have fun and enjoy!

P. S. Check out the Yoga Break for Children Online Training for more yoga games, lesson plans, yoga cards, kids yoga videos, meditations and more.

yogabreakforchildren.com





